

OB-GYN

RESIDENCY PROGRAM AT
**Osceola Regional
Medical Center**

Welcome to the OB-GYN Residency Program at Osceola Regional Medical Center

The OB-GYN Residency Program at Osceola Regional Medical Center is part of the HCA Healthcare Graduate Medical Education network. HCA Healthcare is the nation's leading provider of quality, patient-centered care. We are also the leader in graduate medical education, all brought together by a single mission:

Above all else, we are committed to the care and improvement of human life.

ACGME ID: 2201100077

Tracks & Positions

| Tracks | NRMP # | Available Positions |
|-------------|-----------|---------------------|
| Categorical | 1587220C0 | 3 |

Salary

| PGY1 | PGY2 | PGY3 | PGY4 |
|----------|----------|----------|----------|
| \$52,934 | \$54,506 | \$56,212 | \$58,282 |

Welcome to the University of Central Florida/HCA Healthcare GME Greater Orlando Obstetrics and Gynecology Residency Program! We are happy that you are considering our program as a potential site to continue your medical training.

Our program holds continued accreditation by the ACGME and follows the Common Program Requirements of the ACGME and the Educational Objectives of the Council for Resident Education in Obstetrics and Gynecology (CREOG) as well as the Basic Standards for Residency Training in Obstetrics and Gynecology of the American College of Osteopathic Obstetricians and Gynecologists (ACOOG). Graduates of our program will be prepared to successfully complete the board certification process administered by the American Board of Obstetrics and Gynecology (ABOG) and the American Osteopathic Board of Obstetrics and Gynecology (AOBOG).

Our program was established to provide superior education and training for our residents, as well as to give our patients the best possible medical care. We strongly believe that the success of our program is based on the commitment of our faculty and staff to provide excellence in education and patient care. Our teaching staff is a combination of Doctors of Osteopathic and Allopathic Medicine, (DO's and MD's) who use the "hands on" approach to teaching and learning and are eager to share with you their knowledge and experience. We meet our mission by providing diverse, dedicated, residency- and fellowship-trained, board-certified attending physicians with diverse interests in all areas of the specialty and subspecialties. Each physician member dedicates time for journal clubs, conferences, lectures, and advisory on resident research.

Our residency program is designed to provide residents with exceptional clinical training in the specialty of Obstetrics and Gynecology and its subspecialties through exposure to a diverse patient population which provides ample opportunity for procedures and clinical patient encounters for residents at all levels of training. As our residents progress through the program, they are expected to acquire increased knowledge at each succeeding level. The training program is designed to allow residents to develop independent thought and action by providing increasing levels of experience under faculty supervision. Resident training is augmented by concentrated experiences with robotic surgery, ultrasound in ambulatory settings, "office-based" practice, minimally-invasive gynecologic surgery, and chronic pelvic pain. Services are covered by day and night rotations during the week with call only being taken on the weekends. By the end of their training, our residents will be proficient in care of the obstetrical and gynecological patient.

Our program also puts an emphasis on didactic learning. We have daily Morning Report followed by lecture Monday through Friday. Additional didactic sessions include procedure and simulation workshops, journal club, tumor conference, antepartum conference, transition of care and communication workshops, monthly subspecialty didactic conferences, wellness and reflection curricula, diversity and inclusion curriculum, and monthly interdisciplinary root cause analysis conference.

Our residents are expected to play an active role in the residency, including teaching students, lecture presentations and research production. We are committed to providing the residents with all of the necessary resources to lead healthy and successful professional lives. We strive to prepare our residents to succeed in the practice locations of their choice and to be ready for leadership roles in their communities.

Based at Osceola Regional Medical Center, we currently boast a level III NICU, a level II trauma center, and the Heart & Vascular Institute. In order to continue to provide the highest quality of care to our community, our hospital (including our Mother/Baby unit) is currently undergoing a multi-million dollar renovation. We are proud of our hospital's achievements, the quality of care we provide, and the many important services and educational programs we provide to the people of our community.

It is our hope that you explore the opportunities that are offered to become part of our exceptional team. You are about to make a decision that will influence the rest of your life. We hope the program information that you find on our site will help you discover the atmosphere of teamwork and professionalism we strive to create.

To learn more about our program:

- Visit our website: <https://osceolaregional.com/gme/obstetrics-and-gynecology/>
- Find us on FREIDA: <https://freida.ama-assn.org/program/2201100077>
- To locate us in ERAS, please use: 2201100077

Our faculty



Michelle Ozcan MD, Program Director

- Dr. Ozcan is a graduate of the University of North Carolina School of Medicine & completed residency at the University of Florida College of Medicine – Jacksonville. She has numerous publications/presentations and serves on several education committees. Awards and recognitions include the ACOG District XII Mentor of the Year Award; UCF Educational Excellence Award; the UF Exemplary Teacher Award; the CREOG Faculty Teaching Award for Excellence in Resident Education; the Golden Apple Teaching Award; and the Excellence in CREOG Award. She also serves as the Chair of the Council of Residency Program Directors for ACOG District XII.



Mark Palazzolo DO, Associate Program Director

- Dr. Palazzolo graduated from Michigan State University College of Osteopathic Medicine and completed his residency training at St. John Detroit Riverview Hospital in Detroit, Michigan. Dr. Palazzolo has been active in the teaching of Obstetrics and Gynecology since 2005. Present and past academic appointments include: Assistant Clinical Professor of Obstetrics and Gynecology at Nova Southeastern University College of Osteopathic Medicine, and Teaching Faculty at Michigan State University College of Osteopathic Medicine



Sara Mainz DO

- Sub-specialty Faculty Educator - Gynecologic Oncology
- Dr. Mainz is board-certified in Gynecologic Oncology and is an expert utilizing the robot for minimally invasive procedures. She earned her bachelor degree at the University of Wisconsin and her medical degree from Des Moines University in Iowa. She completed residency in Detroit and fellowship in Central Florida. She loves teaching OB/ GYN residents and helping them hone their surgical skills. Dr. Mainz has two young sons and is very involved in their extracurricular activities. She is an avid biker, learning to play the cello, and a lifelong Green Bay Packer fan!



Mark Trolice MD

- Sub-specialty Faculty Educator-Reproductive Endocrinology/Infertility
- Mark Trolice, MD earned his bachelor degree at Columbia University and medical degree from Robert Wood Johnson in NJ. His residency was at Jersey Shore Medical Center and fellowship at the University of Connecticut. He is currently Professor of OB/GYN at UCF College of Medicine. He is board-certified in REI and OB/GYN and receives the AMA Physicians' Recognition Award annually. He recently received the ACOG District XII Mentor of the Year award. His new book is "The Fertility Doctor's Guide to Overcoming Infertility."



Thomas Myles MD

- Sub-specialty Faculty Educator-Maternal Fetal Medicine
- Dr Myles is a graduate of Saint Louis University School of Medicine, OB/Gyn residency at Illinois Masonic Medical Center, and fellowship in Maternal Fetal Medicine at Rush Presbyterian St. Lukes. He is currently a Clinical Professor at the University of Central Florida. He has well over 100 publications, abstracts and book chapters. He has been recognized for excellence in teaching on multiple occasions including the APGO Excellence in Teaching Award.



Jessica Feranec MD

- Sub-specialty Faculty Educator-FPMRS
- Dr. Feranec completed her residency and a Master Educator Fellowship at the University of Florida, followed by fellowship in Advanced Minimally Invasive Gynecologic Surgery & Pelvic Pain at Florida Hospital. She is a urogynecologist and the Chief of Surgery at the Orlando VA Health Care System. She is an Associate Professor at UCF and the Assistant Program Director for the AAGL Minimally Invasive Surgery & Advanced Gynecology fellowship program at the Orlando VAHCS. She also serves as a consultant for the VA Central Office as a Senior Pelvic Floor Disorder Expert to Women's Health Services, Reproductive Health.



Virgil Reid MD

- Sub-specialty Faculty Educator-Complex Family Planning
- Dr. Gil Reid (he/him/his) is the Associate Medical Director for Planned Parenthood of Southwest and Central Florida, the Director of its Clinical Abortion Training Center, and the program director for abortion services. Dr. Reid attended medical school at the University of North Carolina at Chapel Hill, where he also completed his residency in Obstetrics and Gynecology.



Veronica Figueroa MD

- Dr. Veronica Figueroa completed her B.S. at the University of Puerto Rico and graduated Magna Cum Laude. She went on to pursue her M.D. at the University of Puerto Rico's School of Medicine in 2006. Dr. Figueroa completed her residency at the Ponce School of Medicine in Obstetrics and Gynecology. She has earned many honors and distinctions including first place in these categories: Adolescent Pregnancy Demographics and Corresponding Neonatal Outcomes, and Prevalence and Susceptibility of GBS Strains. In 2020, Dr. Figueroa received the Distinguished Resident Educator Award for her excellence in both resident education and mentorship. Dr. Figueroa is board certified in Obstetrics and Gynecology.



Susanne Osborne MD

- Originally from Vancouver, British Columbia in Canada, Dr. Osborne received her Medical Degree from Loma Linda University. She then went on to residency training at Bridgeport Hospital-Yale University Program where she received awards for Excellence in Teaching. Since 2019, Dr. Osborne has been the OBGYN Clerkship Co-Director at The University of Central Florida College of Medicine.



Margarita Olivares MD

- Dr. Olivares received her Bachelor of Science degree from the University of Puerto Rico and moved on to receive her Medical Degree in 2001 from University of Puerto Rico as well. She completed her residency training at Columbia University College of Physicians and Surgeons, St. Luke's Roosevelt Hospital in New York, New York. Dr. Olivares is board-certified in Obstetrics and Gynecology.



Jordana Reina MD

- Dr. Jordana Reina-Fernandez is board-certified from the American Board of Obstetrics and Gynecology. She received her medical degree at the Central University of Venezuela and Jose Maria Vargas Medical School in 2006. Dr. Reina completed her residency at the Albert Einstein Medical Center in Philadelphia, PA. She received numerous postgraduate honors and awards to include: Administrative Chief Resident, Obstetrics Awards, Arnold W. Cohen Award for Exemplary Commitment, and others.



Ana Benitez-Prieto MD

- Dr. Benitez-Prieto obtained a Bachelor of Science with a major in Biology from the University of Puerto Rico, Rio Piedras Campus and obtained her medical degree in 2007 at the University of Puerto Rico's School of Medicine. She then completed a transitional year program at Damas Hospital in Ponce PR. For Obstetrics and Gynecology training, she relocated to Upstate NY in 2008 to complete her residency at Albany Medical Center in Albany, NY. Dr Benitez-Prieto has a special interest in breast feeding, having completed her residency research project on resident breast feeding education. She is board-certified by the American Board of Obstetrics and Gynecology.



Jorge Carrillo MD

- Dr. Carrillo obtained his M.D. degree from the Pontificia Universidad Javeriana, in Bogotá-Colombia and his OBGYN residency at Rochester General Hospital in Rochester, NY. He then completed a Fellowship in Minimally Invasive Gynecologic Surgery (FMIGS) with an emphasis in chronic pelvic pain conditions at the University of Rochester School of Medicine. He subsequently completed a 2-year Dean's Teaching Fellowship. In 2017, he joined the Orlando VA Healthcare System as a chronic pelvic pain specialist and minimally invasive gynecologic surgeon. He is an Associate Professor of OB/Gyn for UCF, serves as one of the Orlando VA FMIGS fellowship faculty, and is the Site Director for the UCF/HCA Healthcare OB/Gyn Residency Program. He currently is completing his first year of a Master's for the Health Professions Education. Dr Carrillo is one of the Board of Directors for the International Pelvic Pain Society and currently is the Associate Scientific Program Director for the 2020 IPPS Annual Scientific Meeting.



Georgina Lamvu MD, MPH

- Dr. Lamvu graduated from Duke University and completed her residency and a Masters in Epidemiology at the University of North Carolina - Chapel Hill. She serves as the Director of the Orlando VAHCS Fellowship in Minimally Invasive Gynecology and as Chair of the International Pelvic Pain Society. In her role as UCF Professor she teaches and mentors medical students and residents in research and advanced Gynecology. Her research and publications focus on chronic pelvic pain conditions.



Anthony Gyang MBChB

- Dr Gyang graduated from University of Ghana Medical School and completed his internship at Howard University Hospital in Washington DC, and residency at Franklin Square Hospital, Baltimore. He completed a Fellowship in Minimally Invasive Gynecology and Chronic Pelvic Pain management at Advent Health, Orlando. He has numerous awards, presentations and publications and serves as a reviewer of numerous journals. He is currently involved in many clinical research trials.

**Ahmed Al Malt** M.D., FACOG

- President/Director of Fetal Diagnostic Center of Orlando.
- He received his medical degree from Alexandria University, in Alexandria, Egypt. His post-graduate training includes a residency in Obstetrics and Gynecology and a fellowship in Maternal-Fetal Medicine at MetroHealth Medical Center/Case Western Reserve University in Cleveland, Ohio. Dr. Al-Malt is board certified by the American Board of Obstetrics and Gynecology in both OB-GYN and Maternal-Fetal Medicine.

**Lindsay Maggio** MD, MPH

- Dr. Maggio is a board-certified Maternal Fetal Medicine specialist. She completed her residency in OB/Gyn at Baylor College of Medicine and her Fellowship in MFM at Brown University. Dr. Maggio was previously an MFM physician and high-risk pregnancy consultant at AdventHealth Orlando Hospital. Dr. Maggio has also been an assistant professor at the University of South Florida Morsani College of Medicine and at the Lewis Katz School of Medicine at Temple University. Her clinical interests include: OB complications, placenta accreta, and hemoglobinopathies.

**Claudia Taboada** DO

- Dr. Taboada is a board-certified Maternal Fetal Medicine specialist. She completed her MFM Fellowship at Pinnacle Health in PA. She was previously on the MFM staff at the University of Pittsburgh Medical Center where she was the founder and medical director of the STRENGTH program for opioid-dependent pregnant women. She held academic appointments at UPMC Pinnacle and Penn State Hershey Medical Center from 2009 through 2019. Dr. Taboada has published medical journal articles on the management of sickle-cell anemia in pregnancy, ovarian cancer, and ultrasound and has lectured on topics such as alcohol and drug use in pregnancy.

**Michael DeNardis** DO

- Michael R. DeNardis, D.O., FACOOG is one of the founding partners of Osceola OB-GYN Clinic, opened in 2007. Dr. DeNardis earned his B.S. in Biology at the University of Michigan before attending Wayne State University for his Graduate Studies. He attended Kirksville College of Osteopathic Medicine. Dr. DeNardis did his internship at St. John Detroit Riverview Hospital and his residency in Detroit at the same hospital in the OB-GYN Department.



James Sorensen DO

- Dr. Sorensen received his medical degree from Nova Southeastern University and completed his residency at UCF/HCA Healthcare GME OBGYN Residency Program of Greater Orlando. Dr. Sorensen enjoys practicing in the central Florida community and robotic surgery.



Joseph Stewart MD

- Dr. Stewart attended Medical School at Wright State University School of Medicine and completed residency in OB/Gyn at Akron General Medical Center in Ohio. He is Board Certified in OB/Gyn and built a thriving practice in Rockford Illinois that served the community for 25 years. Dr. Stewart's career has emphasized minimally invasive surgical technique and the pursuit of safer surgeries and faster recoveries. His professional interests include Robotic Gynecologic Surgery and Enhanced Recovery Protocols that allow patients the very best experience in surgical recovery. He is married to his wife Shelly. They have twin boys that are recent graduates of Medical School and their daughter recently graduated from Dental School.



Alex Rojas DO

- Dr. Alex Rojas attended Lisandro Alvarado University Centrocidental where he received his medical degree. He completed his residency training at the University of Puerto Rico Hospital. He completed a Research Fellowship in the REI department at the University of California Irvine Medical Center. Dr. Rojas is ABOG board-certified in Obstetrics & Gynecology.



Bhupendrakumar Patel MBBS

- Dr. Patel is ABOG board-certified in Obstetrics and Gynecology with over 40 years of experience. He received his medical degree from B.J. Medical College-Haripura. He completed his residency training at Wayne State University School of Medicine Interfaith Medical Center.



Jaimee Castillo-Queck MD

- Dr. Castillo-Queck earned her medical degree at the University of Florida College of Medicine and completed her OB/GYN residency at Louisiana State University Health Sciences Center at Woman's Hospital in Baton Rouge, LA. Dr. Castillo-Queck has a passion for educating young women about contraception, managing high-risk conditions such as diabetes and hypertension in pregnancy, and performing robotic surgery.



Amy Osborne MD

- Dr Osborne initially trained as a midwife and spent several years training midwives overseas with organizations such as Doctors Without Borders. It was during these times that she realized how much more she could offer her students and patients as an OB/GYN. She then graduated from Saint James School of Medicine & completed residency at the University of Louisville. She remains passionate about teaching both here and overseas and is still a bit of a hippy midwife at heart.



Deborah Spiers DO

- Dr. Spiers, originally from Dearborn, Michigan, is board-certified in Obstetrics and Gynecology by the American Osteopathic Board of Obstetrics and Gynecology. Dr. Spiers received her BA in Biology from Albion College in Albion, MI. She then went on to earn her Doctor of Osteopathic Medicine degree from Michigan State University College of Osteopathic Medicine. In addition to her clinical faculty appointment at the UCF College of Medicine, Dr. Spiers also serves as the current chairperson of the OB-GYN department at Oviedo Medical Center.



Chensi Ouyang MD

- Dr. Ouyang is an FMIGS-trained Minimally Invasive Gynecologist who specializes in laparoscopic and robotic-assisted laparoscopic surgery. She also specializes in the management of chronic pelvic pain and female pelvic floor disorders including endometriosis, pelvic floor muscle dysfunction, painful bladder syndrome, pudendal neuralgia and sexual dysfunction. She completed medical school at Harvard University, OB/Gyn residency at Albert Einstein College of Medicine/Montefiore, and fellowship in MIGS at Florida Hospital. She is currently a full time Gynecology physician at the Orlando VA Medical Center and an Assistant Professor of Obstetrics and Gynecology at the University of Central Florida.



Sujatha Prabhakaran MD

- Dr. Prabhakaran is a graduate of the University of Toledo College of Medicine and completed her residency at Wake Forest University. She also completed a women's health research fellowship and her MPH in Health Policy and Administration at the University of North Carolina. She currently serves as the Chief Medical Officer of Planned Parenthood of Southwest and Central Florida, serves on the ACOG District XII Legislative and Professional Liability Committee, and holds clinical faculty appointments at the University of South Florida and Florida State University.



Nicole Fanarjian MD

- Dr. Nicole Fanarjian obtained her medical degree at Albany Medical College. She then went to the University of South Florida Morsani College of Medicine where she completed her OBGYN residency. She is an expert in contraception and abortion care. Dr. Fanarjian has a small gyn-only practice in Tampa and works part-time at Planned Parenthood of Southwest & Central Florida. Dr. Fanarjian is board-certified by the American Board of Obstetrics and Gynecology.



Tiffany Grigsby RDMS

- Ms. Tiffany Grigsby is a Registered Diagnostic Medical Sonographer with over 12 years of experience. She is the lead OB/Gyn Sonographer for Woman's Health Centers with 7 locations in Central Florida.

Current Residents



Jayapriya Jayakumaran

MBBS
Class of 2022



Bradley Kasper

DO
Class of 2022



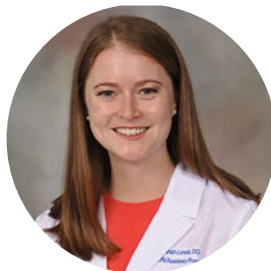
Daniel Vesco

DO
Class of 2022



Dorothy Bestoyong

DO
Class of 2023



Hannah Lewis

DO
Class 2023



Tram Phan

DO
Class of 2023



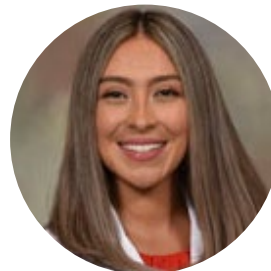
Julia Halprin

DO
Class of 2024



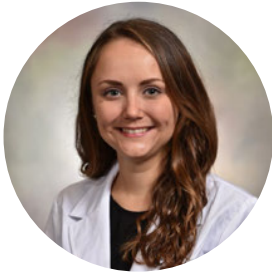
Kelsey Smith

DO
Class of 2024



Paula Vargas

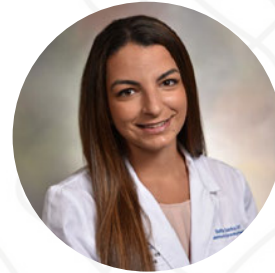
DO
Class of 2024



Olga Vacariuc
DO
Class of 2025



Randdie-Joyce Rameau
DO
Class of 2025



Sofia Sarduy
DO
Class of 2025



About the program



Osceola Regional Medical Center



Rotation Schedules

| PGY - 1 | PGY - 2 | PGY - 3 | PGY - 4 |
|-----------------------|--------------------|-----------------------|------------------|
| Obstetrics – 4 | Obstetrics – 4 | Obstetrics – 4 | Obstetrics – 4 |
| Gyn Surgery – 2 | Gyn Surgery – 3 | Gyn Surgery – 2 | Gyn Surgery – 3 |
| OB/Gyn Ultrasound - 1 | Ambulatory Gyn – 1 | MIGS/FPMRS - 2 | Gyn Oncology – 2 |
| Triage/Consult - 1 | MIGS/FPMRS - 2 | Gyn Oncology – 1 | MFM – 1 |
| Gen Surg/NICU - 1 | MFM - 1 | MFM – 1 | REI – 1 |
| Internal Medicine – 1 | REI – 1 | REI – 1 | FPMRS – 1 |
| ICU – 1 | | Tri/Cons/Elective – 1 | |
| Emergency Med – 1 | | | |

Sample

| | | | | | | | | | | | | |
|-------|-----------|------------|--------------------|-----------|----------|--------------------|-----------|--------------------------|--------------------|-----------|--------------------|---------|
| PGY-1 | OB-Days | GYN | Ultrasound | OB-Nights | Medicine | Triage/Consult | OB-Days | EM | GYN | OB-Nights | Surg/NICU | ICU |
| PGY-2 | OB-Nights | OUT PT GYN | GYN | OB-Days | MFM | GYN | OB-Nights | REI | VAMC - MIGS/ FPMRS | OB-Days | VAMC - MIGS/ FPMRS | GYN |
| PGY-3 | OB-Nights | MFM | VAMC - MIGS/ FPMRS | OB-Days | GYN | VAMC - MIGS/ FPMRS | OB-Days | Triage/Consult/ Elective | GYN | OB-Nights | REI | GYN ONC |
| PGY-4 | OB-Days | FPMRS | GYN | OB-Nights | GYN ONC | REI | OB-Nights | GYN | GYN ONC | OB-Days | GYN | MFM |

Details

| | | | |
|----------------|--------------------------|-------------------------------------|-----------------------|
| OB-Days: | Mon-Fri 0600-1800 | Call some weekends (Fri/Sun or Sat) | No continuity clinic |
| OB-Nights | Sun-Thurs 1800-0600 | No call | No continuity clinic |
| Gyn | Mon-Fri (surgery @ 0730) | Call some weekends (Fri/Sun or Sat) | Clinic ½ day per week |
| Ultrasound | Mon-Fri 0830-1700 | Call some weekends (Fri/Sun or Sat) | Clinic ½ day per week |
| Triage/Consult | Mon-Fri 0600-1800 | Call some weekends (Fri/Sun or Sat) | Clinic ½ day per week |
| Medicine | Schedule varies | Call some weekends (Fri/Sun or Sat) | Clinic ½ day per week |
| Gen Surgery | Schedule varies | Call some weekends (Fri/Sun or Sat) | Clinic ½ day per week |
| Emergency | 12 shifts per month | Call some weekends (Fri/Sun or Sat) | Clinic ½ day per week |
| NICU | Mon-Fri 0600-1800 | Call some weekends (Fri/Sun or Sat) | Clinic ½ day per week |
| ICU | Varies depending on day | No call | Clinic ½ day per week |
| Outpt Gyn | Mon-Fri 0830-1700 | Call some weekends (Fri/Sun or Sat) | Clinic ½ day per week |
| REI/MFM | Mon-Fri 0830-1700 | Call some weekends (Fri/Sun or Sat) | Clinic ½ day per week |
| Gyn Onc | Surg M/W/F; Clinic T/Th | Call some weekends (Fri/Sun or Sat) | Clinic ½ day per week |
| FPMRS | Surg W/Th; Clinic M/T/F | Call some weekends (Fri/Sun or Sat) | Clinic ½ day per week |
| VAMC | Surg T/Th/F; Clinic M/W | Call some weekends (Fri/Sun or Sat) | Clinic ½ day per week |

Research, Advocacy, & International Work

Our residents are required to complete at least 2 research projects. The project during the PGY-1 & -2 years is a quality improvement initiative. Then, during the PGY-3 & -4 years, they complete a clinical research project. Some residents choose to complete more projects than this, and many publish and present their research in various forums, including the regional UCF/HCA/VAMC Quality and Patient Safety Forum, the ACOG District XII Annual Conference, the ACOG Annual Clinical & Scientific Meeting, and others. All research projects have a faculty mentor. HCA has a strong research department for assistance with approvals, IRB, statistics, etc. They also provide an annual didactic series to our residents. One of the benefits of being with HCA (the largest national hospital system) is access to their nationwide database of de-identified clinical data for research purposes!

Our residents are also active with the ACOG District XII Junior Fellows, our hospital system, and local community groups to participate in advocacy, community service, and international medical missions.



Our resident presenting her research at the Florida Perinatal Quality Collaborative Annual Conference. She won the Grand Prize!



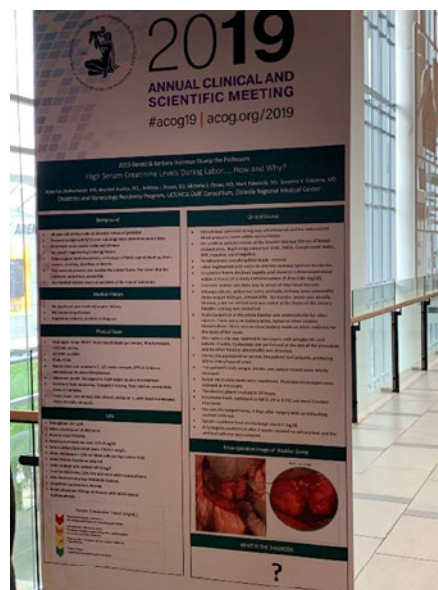
Our residents at the ACOG District XII Annual Meeting where one of our residents presented her research and won an award!



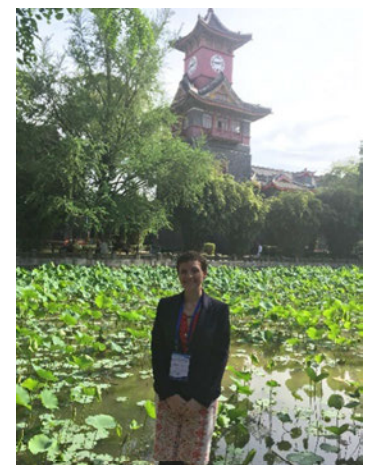
Participating in a local Breast Cancer run



Participating in a medical mission to Puerto Rico after Hurricane Maria



Resident & Faculty presentations at the ACOG Annual Clinical Meeting



Our Program Director presenting at an international conference in China

Continuity Clinic

PGY-1

- Osceola Community Health Services
 - Local Federally Qualified Health Center
 - High OB patient volume
 - Increased resident continuity deliveries
 - Title X Family Planning program
 - Routine Gyn exams, contraception counseling
 - LARC placements & removals

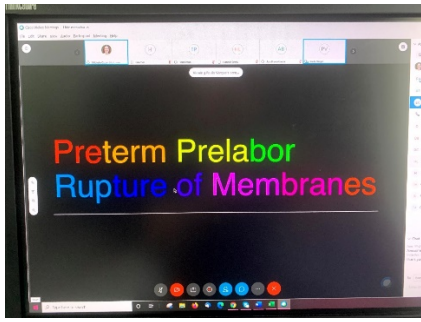


Continuity Clinic

PGY-2 – PGY-4

- Kissimmee Woman's Health Center
 - Private OB/Gyn Office
 - Good mix of OB, Gyn, routine care, and family planning
 - In-office procedures
 - Colpo, LEEP, hysteroscopy (diagnostic & operative), ablation
 - LARC placements & removals
 - Training on documentation, billing, coding, insurance considerations, authorizations, etc.
 - Good intro and training for practice!





Didactics



We have Morning Report/Hand-off from 0600-0630 daily. Didactics then occur from 0730-0830 daily. Didactic time is protected (there is one chief on OB service who is available for emergencies). Didactics are on a rolling 2-year curriculum covering all CREOG topics (so by the time you are the senior on OB, if there is an emergency you need to cover, you have received that topic at least once already, and sometimes 2-3 times already). We use Schoology to keep our didactic schedule and all of our resources & modules. All resources for the curricula, including lecture powerpoints and lecture videos are posted on Schoology for review at any time. We also broadcast all of our didactics via either WebEx or Zoom.

Didactics include:

- 2-3 times weekly attending & guest lectures
- Practice Bulletin/Committee Opinion review
- Monthly resident lecture
- Monthly Root Cause Analysis conference
- Monthly Sub-specialty Academic Half-Day
- Monthly Journal Club
- Monthly Antepartum Conference
- Twice monthly Tumor Board
- Quarterly simulation half-day
- Wellness curriculum
- Reflection curriculum
- Diversity & Inclusion curriculum
- Book club



| | | | | | | |
|----|---|---|--|---|--|--|
| | Morbidity & Mortality Conference 7:30 am | REQUIRED GUEST LECTURE: Outpatient Mgmt of Respiratory Tract Infections (Dr. Franco) 7:30 am | RESIDENT/PD MEETING 7:30 am | ATTENDING LECTURE: Galactorrhea/Hyperprolactinemia - Dr. Osborne 7:30 am Fertility & Sterility Global Journal Club: Accuracy of Preimplantation Genetic Testing for Aneuploidies 7:00 pm | RESIDENT LECTURE - Vargas - Allergic Rhinitis 7:30 am Center for Justice & Law Webinar: Reproductive (In)Justice - Birth Behind Bars 11:00 am | AAGL Webinar: Everything you wanted to know about MIGS 8:00 am |
| 2 | BLOCK 7:30 am | BLOCK 7:30 am | REQUIRED GUEST LECTURE: Updates in Breast Cancer (Dr. Chevinsky - Sinai) 7:30 am AAGL Webinar: Benign Gynecologists' Approach to the Adnexal Mass 8:00 pm | REQUIRED: Interdisciplinary LGBTQ+ Health Panel 8:00 am Optional (Recommended if on MFM & if free on OB): Nemours Fetal Case Review 12:00 pm | SUBSPECIALTY HALF DAY - FPMRS 7:30 am | |
| 9 | ATTENDING LECTURE: Opioid Use Disorder & Pain Management During Pregnancy - Dr. Taboada 8:00 am | ATTENDING LECTURE: Endometrial Cancer - Dr. Meinz 7:30 am JPPS Chronic Pelvic Pain Webinar (Drs. Carrillo & Lamvu) 8:00 pm | PB REVIEW: PB 227 - Fetal Growth Restriction (Phan) 7:30 am AAGL Webinar: Historical Perspectives on Gyn Laparoscopy 8:00 pm | TUMOR BOARD 7:30 am | HCA National Didactics: Care for the Transgender Patient 10:00 am | |
| 16 | CO REVIEW: CO 822 - Uterine Morcellation for Presumed Leiomyomas (Bestoyong) 7:30 am | BLOCK 7:30 am RHAP Florida Legislative Session Wrap-Up 7:00 pm | ANTEPARTUM CONFERENCE - Down Syndrome 7:30 am AAGL Webinar: | PB REVIEW: PB 221 - External Cephalic Version (Vargas) 7:30 am Reproductive Health | Wellness Hour: Yoga 7:30 am | |



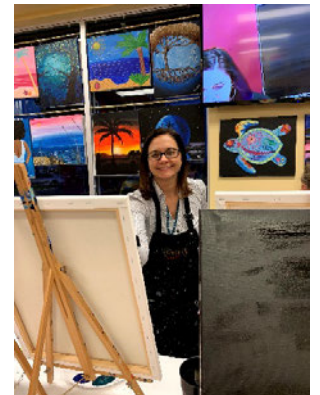
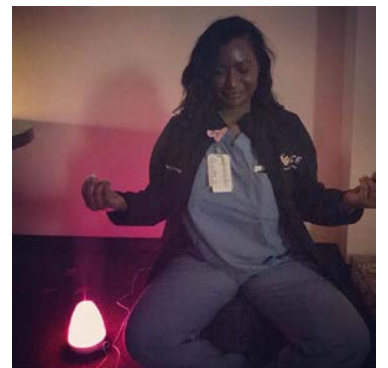


When we say “Wellness,” we mean it!

Our program has a wellness curriculum during didactic hour, where we focus on different activities every other

month to increase our wellness or resiliency. These include, gratitude, humor, music & dance, exercise, crafts, etc. We also fully participate in ACOG/CREOG Wellness Week with activities daily during that time. We have an annual retreat where our residents are excused for the entire day to take a trip to the beach, have some great meals, simulation experience, and lots of team-building time!

Our program links each resident up with a faculty mentor that we refer to as “Wellness Partners.” They are encouraged to meet at least twice per year (but most meet more) and serve as not only a mentor, but also a listening ear, helping hand, and referral to needed wellness resources. Our hospital also has a GME Wellness Committee (which plans multiple events per year), online resources, access to free counseling, and anonymous reporting mechanisms.





Osceola Regional Medical Center is a Joint Commission accredited 404-bed acute care hospital that builds on a proud tradition of healthcare excellence for 87 years as the first hospital in Osceola County, Florida.

Osceola Regional is a teaching hospital in collaboration with UCF College of Medicine and a designated Level II Trauma Center. Conveniently and centrally located in Heart of Kissimmee, the hospital is only minutes from Orlando, St. Cloud, Celebration and Poinciana. The hospital also offers two 24/7 free-standing emergency rooms: Hunter's Creek ER (South Orlando) and Millenia ER near Millenia Mall in Orlando.

Highlights

- Osceola Regional's total bed capacity from 332 to 404 beds
- 36 bed Progressive Care Unit in Tower A vertical expansion, 4th floor
- 28 bed Acute Inpatient Physical Rehabilitation Center in Tower A vertical expansion 5th floor*
- 18 bed Refurbish and Expansion of Existing Level II Neonatal Intensive Care Unit (NICU) to Level III providing the highest level of care for premature and ill newborns*
- Comprehensive Stroke Center with Biplane Imaging in new Neuro & Vascular Interventional Center*
- 1.5 T MRI specializing in brain and neurological high definition images
- Gastrointestinal Endoscopy Unit
- Cardiac Catherization Lab expansion
- Graduate Medical Education Residency expansion in collaboration with UCF College of Medicine*
- 9 bed/exam room expansion at free-standing Hunter's Creek ER to include 40 additional parking spaces
- GE Revolution CT 80mm 256 slice - rapid imaging technology for cardiac, trauma, pediatric, stroke, and brain injury patients. Produces low dose radiation. For cardiac patients this allows virtual, non-invasive diagnostic catheterization procedures - CT angiography. *The only diagnostic imaging technology of it's kind in Central Florida.*

Osceola Regional Medical Center

Services:

- 24-Hour Emergency Services
- Trauma Center Level II*
- Separate Pediatric ER
- Accredited Chest Pain Center with PCI
- Comprehensive Stroke Center*
- Neuro & Vascular Interventional Center*
- Neurosciences Intensive Care Unit
- ER Intake for Behavioral Health
- Hunter's Creek ER
- Millenia ER
- Baby Suites Labor & Delivery Maternity
- Neonatal ICU (NICU) Level III*
- Neonatologists from Nemours Onsite*
- 24-Hour OB Physician Onsite Coverage*
- 24-Hour OB Anesthesia*
- Minimally Invasive Gynecologic Procedures
- Minimally Invasive Robotic Surgery
- Minimally Invasive Robotic Spine Surgery
- Osceola Imaging and Breast Center
- Heart and Vascular Institute
- Cardiovascular Surgery & Minimally Invasive Procedures
- Cardiovascular Hybrid Operating Room*
- Cardiovascular Surgery & Minimally Invasive Procedures
- Cardiovascular Hybrid Operating Room* Catheterization Labs
- Electrophysiology Labs
- Minimally Invasive Heart Valve Surgery*
- Minimally Invasive Vascular Surgery
- Minimally Invasive TAVR for Aortic Stenosis*
- Minimally Invasive Mitral Valve Repair
- Radial (Wrist)-Approach for STEMI (Heart Attack)
- Orthopedic and Spine Center
- Outpatient Rehab - Kissimmee Physical Therapy Center
- Inpatient Acute Rehabilitation Center*
- Outpatient Rehab
- Oncology - Cancer Care Program
- Behavioral Health Center
- Behavioral Outpatient Center
- Graduate Medical Education
- Neurosciences Intensive Care Unit
- Pre-Operative, Robotic Surgery and Endoscopy
- Wound Healing Center & Hyperbaric

* Only one in Osceola County

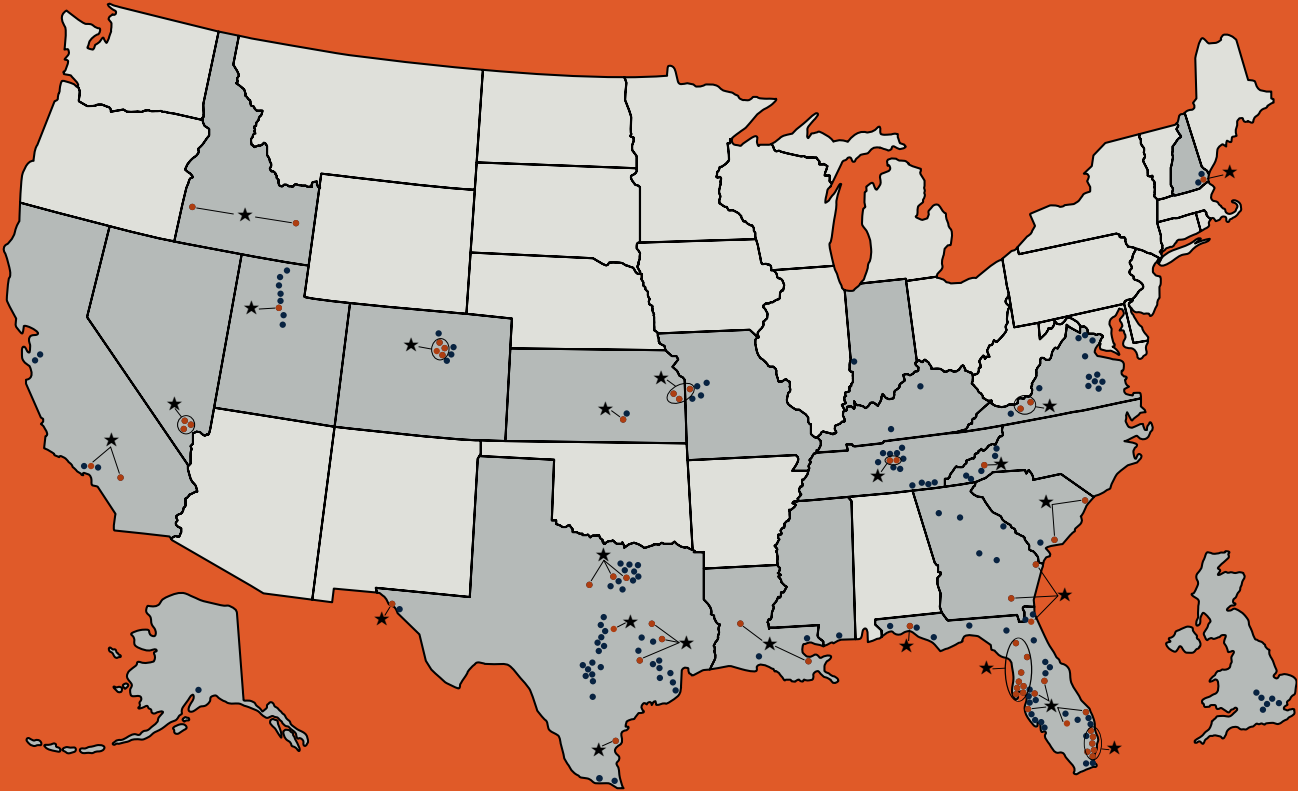
About HCA Healthcare GME

HCA Healthcare is a comprehensive healthcare network with over 275,000 colleagues across more than 2,000 care facilities all committed to creating a positive impact every day. We continually invest in our colleagues and facilities to better serve our patients and local communities. The Graduate Medical Education (GME) programs seek to inspire tomorrow's physicians to care for and improve human life by focusing on patient-centered approaches to practicing the latest evidence-based medicine.

To learn more about the benefits and expectations of training with an HCA Healthcare program, view our [Resident and Fellow Manual](#).



Our residency and fellowship programs are in **59**
hospitals located in **16** states



- ⊛ Residency or Fellowship Program
- HCA Healthcare Hospital



Size

HCA Healthcare Graduate Medical Education is the largest sponsor of residency and fellowship programs across the nation.

4,637
residents

289
fellows

218
specialty programs (residencies)

79
sub-specialty programs
(fellowships)



Scholarly Activity

HCA Healthcare Graduate Medical Education provides a critical link between vigorous scholarly activity and real-world patient care from a sophisticated data repository of more than 32 million patient encounters each year.

2,500+ HCA Healthcare GME scholarly activities in 2020-21.



Clinical Training

Each year approximately five percent of all U.S. hospital services happen at an HCA Healthcare facility, including:

32+ million patient encounters
7.4 million emergency room visits
215,000+ babies delivered

HCA Healthcare Graduate Medical Education is a leader in clinical experience.

- Nationally known physician expertise across the country
- Investments in facilities allowing the advancement of patient care
- High emphasis on simulation results and low patient incidents
- Higher patient touch than academic facilities
- Annual collaborative mass casualty event team training

A commitment to scholarly activity

Based on more than 32 million patient encounters each year, our scholarly activity bridges the gap between compelling evidence and exceptional patient care.



Our experiential learning is rooted in evidence-based medicine that leads to innovative, **real-world patient health solutions**.

Merging the rigor of **ACGME** accreditation with high patient touch, our residents and fellows deliver evidence-based care that demonstrates our mission to care for and improve human life.

We offer **National Grand Rounds** that leverage accomplished clinical expertise from across HCA Healthcare, bringing the nation's leading medical experts to our residency and fellowship programs.

Notable Publications

- *JAMA Internal Medicine*
- *Annals of Surgical Oncology*
- *CHEST Journal*
- *American Journal of Respiratory & Critical Care Medicine*
- *Obstetrics & Gynecology*

Notable Presentations

- American College of Cardiology
- Society of Critical Care Medicine
- American College of Physicians
- Society of Hospital Medicine
- American College of Surgeons

Influential Collaboration

HCA Healthcare residents and fellows have access to talented, highly skilled teams of faculty, industry experts and dedicated researchers to guide them through their journey. Residents and fellows produce evidence that drives future practice by leveraging HCA Healthcare's national clinical data warehouse – the heart of our data ecosystem.

HCA Healthcare Scholarly Commons is a platform to collect, share and publish the variety of academic work created by the Graduate Medical Education community. During 2020, readership of those works eclipsed the 25,000 mark. Included on this platform is the **HCA Healthcare Journal of Medicine**, a peer reviewed scientific periodical focused on innovation, enhanced quality and developing new knowledge in clinical care and medical education for the benefit of all patients. In its first year of publication, the journal disseminated 86 articles in six issues as well as a seventh special issue on the COVID-19 pandemic.

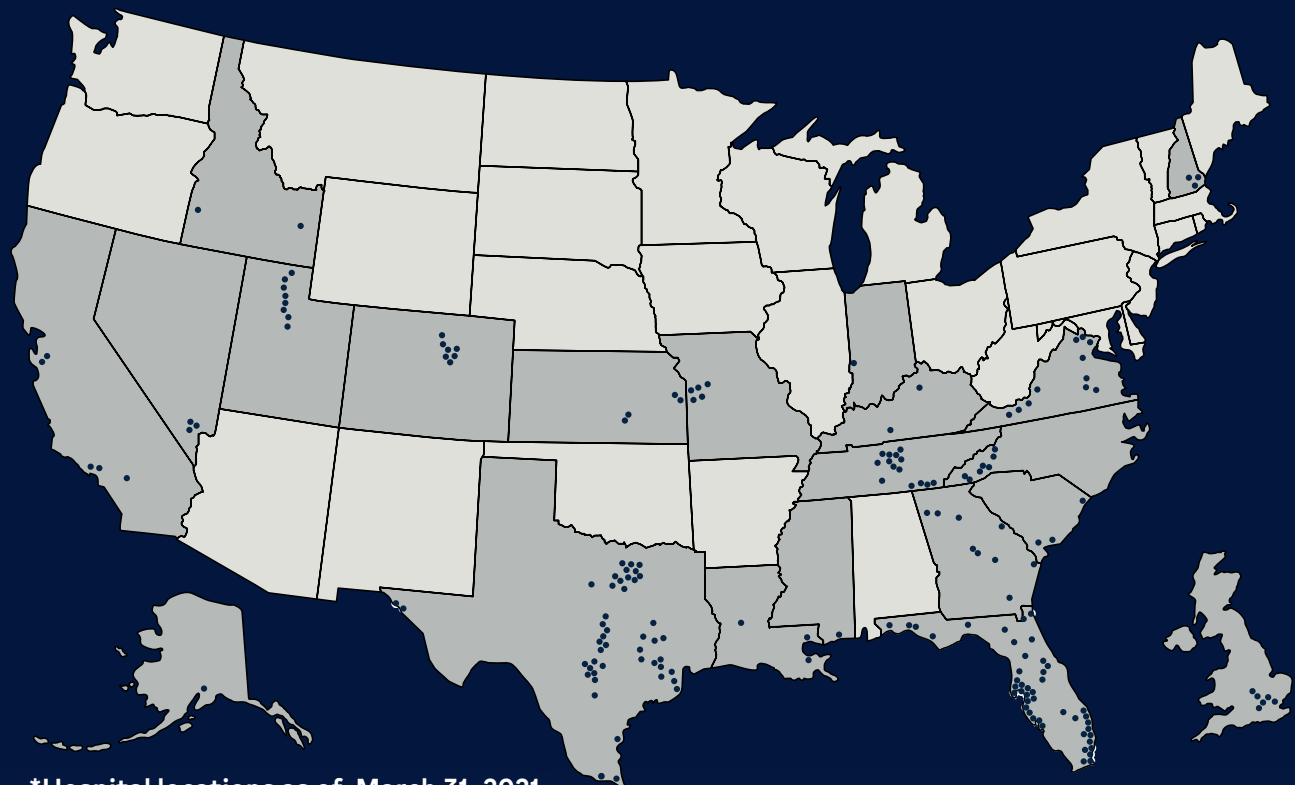


About HCA Healthcare

HCA Healthcare is one of the nation's leading providers of healthcare services and is comprised of 186 hospitals and more than 2,000 sites of care including surgery centers, freestanding ERs, urgent care centers, diagnostic and imaging centers, walk-in clinics and physician clinics in 20 states and the United Kingdom. With its founding in 1968, Nashville-based HCA Healthcare created a new model for hospital care in the United States.



186 hospitals and more than **2,000** sites of care
located in **20** states and the United Kingdom



*Hospital locations as of March 31, 2021

HCA Healthcare is one of the nation's leading providers of healthcare services and is comprised of 186 hospitals and more than 2,000 sites of care including surgery centers, freestanding ERs, urgent care centers, diagnostic and imaging centers, walk-in clinics and physician clinics in 20 states and the United Kingdom. With its founding in 1968, Nashville-based HCA Healthcare created a new model for hospital care in the United States.



Size

275,000
colleagues

93,000+
registered nurses

47,000[^]
active and affiliated physicians



Patient Care

HCA Healthcare's U.S. hospitals provide approximately 5% of all inpatient hospital services in the country.

In 2020:

32+ million
patient encounters

7.4 million
emergency room visits

215,000
babies delivered

View the **HCA Healthcare Community Impact Report** to learn more about our award-winning programs, technology advances and partnerships with community organizations to fulfill our commitment to the care and improvement of human life.



Giving Back

\$3.4+ billion
estimated 2020 cost for the delivery of charity care, uninsured discounts and other uncompensated care

\$45 million
in charitable cash contributions provided across the enterprise in 2020

We are committed to expanding our relationships with our communities by investing **\$10 million** over the next three years in Historically Black Colleges and Universities (HBCUs) and Hispanic-Serving Institutions (HSIs) across our footprint.*

*Starting in 2021



Industry Leader

Sarah Cannon, the Cancer Institute of HCA Healthcare, provides **state-of-the-art cancer care** close to home for hundreds of thousands of patients, a number unmatched by any single cancer center.

HCA Healthcare affiliates deliver healthcare services in **more than 150 languages and dialects**.

HCA Healthcare has treated more COVID-19 inpatients than any other health system in the U.S.

[^]Approximate

